

Drinks of Britain

Units. They all add up.



PINT CIDER: ABV 5.3%
3 UNITS



RED WINE (125ML): ABV 12.5%
1.6 UNITS



SAMBUCA SHOT: ABV 42%
1 UNIT



BOTTLE LAGER: ABV 5.2%
1.7 UNITS



ALCOPOP: ABV 5%
1.4 UNITS



HALF PINT CIDER: ABV 5.3%
1.5 UNITS



SINGLE GIN & TONIC: ABV 40%
1 UNIT



DOUBLE COGNAC: ABV 40%
2 UNITS



CHAMPAGNE (175ml): ABV 11.5%
2 UNITS



DOUBLE WHISKY & COKE: ABV 40%
2 UNITS



HALF PINT LAGER: ABV 5.2%
1.5 UNITS



COSMOPOLITAN COCKTAIL
2 UNITS



PINT BITTER: ABV 5%
2.8 UNITS



ALCOPOP: ABV 5%
1.4 UNITS



PIMMS: ABV 25%
1.3 UNITS



DOUBLE WHISKY: ABV 40%
2 UNITS



WHITE WINE (175ml): ABV 13%
2.3 UNITS



PINT LAGER: ABV 5.2%
3 UNITS



BOTTLE OF WINE: ABV 13.5%
10 UNITS

**ALCOHOL
KNOW YOUR
LIMITS**

SHOULD NOT
REGULARLY EXCEED

MEN	WOMEN
3-4	2-3
UNITS DAILY	UNITS DAILY